

**IMPORTANT: Peel this label at corner and read BEFORE use. Do not tear off, re-fix for future use.**

For symptomatic relief of coughs, colds and blocked noses. Inhale the steamy vapour through the mouth and nose. **SHAKE WELL BEFORE USE. Adults, the elderly and children over 3 months:** Add 1 x 5ml spoonful to 568ml (1 pint) of hot (not boiling) water. Inhale the vapour. Repeat after 4 hours if required. **Do not give to children under 3 months old unless your doctor tells you to. FOR EXTERNAL USE ONLY.**

**Peel where shown for further precautions.**



**Active ingredients:**  
menthol 2% w/v,  
eucalyptus oil 10% v/v.  
**Also contains:**

magnesium carbonate, benzalkonium chloride and purified water. Do not store above 25°C. **Keep out of the sight and reach of children.** Manufactured by the licence holder L.C.M. Ltd., Huddersfield, HD7 5QH, UK for Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.

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**100ml e**



This medicine contains menthol and eucalyptus oil which are decongestants and help ease breathing difficulties.

**1. Before you use this medicine**

**Do not use the medicine if you or your child have....**

- An **allergy** to any of the ingredients listed on the front.
- Or your child is **under 3 months old**.

**⚠Pregnant or breastfeeding....**

Using Menthol & Eucalyptus Inhalation during pregnancy and breastfeeding is unlikely to have any ill effects when used as directed. If unsure, talk to your doctor or pharmacist.

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**⚠Important ingredient information**

- This medicine contains 1.25mg benzalkonium chloride in each 5ml dose, which is equivalent to 0.025% w/v. Benzalkonium chloride may cause wheezing and breathing difficulties (bronchospasm), especially if you have asthma.

**2. Possible side effects**

Like all medicines, Menthol & Eucalyptus Inhalation can have side effects, although these don't affect everyone.

**Important side effects in infants:**

If you think your child has any of the following side effects or symptoms, stop using this medicine immediately and see a doctor as soon as possible.

- Difficulty in breathing or collapse.

**Other possible side effects are:**

- Allergic reactions such as itching, swelling and blistering, including contact dermatitis.

If you notice these or any other side effects, stop use and tell your doctor or pharmacist. They will tell you what to do.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)

By reporting side effects you can help provide more information on the safety of this medicine.

**3. Further information**

**⚠If you accidentally swallow some** see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

- Do not use after the expiry date. The expiry date refers to the last day of that month.
- Return any unused medicine to the pharmacy for disposal.

**What the medicine looks like**

Menthol & Eucalyptus Inhalation is a cloudy white liquid which separates on standing. It is supplied in 100ml bottles.

**This label was last revised in July 2020**

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