

TURMERIC-1000

Turmeric Extract 1000mg

Botanical Name: *Curcuma longa*



Composition:

Each Soft Gelatin Capsule Contains Turmeric (*Curcuma longa*) Extract 1000mg.

Description:

Turmeric has antihepatotoxic, antihyperlipidemic, antithrombotic and anti-inflammatory effects. It is also antioxidative, antitumoral and antimicrobial (in particular, the sesquiterpene derivatives). It also inhibits prostaglandin formation. The anti-inflammatory effects of turmeric are thought to be due to inhibition of leukotriene biosynthesis and through this inhibition a change in prostaglandin formation. Alpha tumerone blocks the proliferation of human lymphocytes and decrease the activity of natural killer cells. Curcumin has antineoplastic effects through an antiproliferative mechanism.

Indication:

Turmeric is used for dyspeptic disorders particularly feelings of fullness after meals and regular abdominal distention due to gas, osteoarthritis, rheumatoid arthritis, inflammation of the oral mucosa, Inflammatory skin conditions and infected wounds, cystitis, itching & skin disease.

Dosages & administration:

1-2 capsules daily. Or, as directed by the registered physician.

Side effects:

Turmeric usually does not cause significant side effects; however, some people can experience stomach upset, nausea, dizziness, or diarrhea.

Contraindications:

Turmeric should not be used by people with gallstones or bile duct obstruction. It should also not be used by patients with hyperacidity or gastrointestinal ulcers.

Precaution:

Stomach complaints can occur following extended use or in the case of overdose.

Use in pregnancy and lactation:

Not to be used during pregnancy.

Drug interaction:

Concurrent use of turmeric with antiplatelet, heparin, thrombolytic agents result in increased risk of bleeding.

Storage:

Keep out of reach of the children. Keep away from direct sunlight. Store below 30° C in a dry place.

Packing:

Each box contains 30 soft capsules in blister pack.